

FROM HEAD TO TOES SAFETY REGULATIONS



From Head To Toes provides clients with the health benefits of massage services. Massage, by its nature, requires close proximity and direct contact “touch” with a person receiving massage treatment. Massage therapist come into direct contact with a number of clients, therefore to ensure our client(s) and massage therapists wellbeing in post pandemic period and due to other potential communicable conditions, safety regulations are put in place.

Below are listed guideline for client(s) and massage therapist:

Clients obligations.

1. Client must provide a truthful medical history or its update, relevant to Massage Therapy. For this purpose, the company provides “First Time Client(s) Intake form” or “Health Information Update form” before treatment time upon arrival provided by the therapist or it can be emailed to the client 1 days prior to their potential scheduled appointment time, on request.
2. During final appointment confirmation via media channel(s), client must confirm that he/or she **does not have** any known changes in their health that can be considered a contraindication for massage.
3. We will not shake hands upon arrival, to minimize physical person to person contact.
4. Upon arrival, **expect** treating massage therapist to wear a surgical face mask (subject to change in the future).
5. Client(s) **is not obligated** to wear a face mask upon greeting or during the massage; however, we do understand in case such request can be made. In the case that you do want to wear a face mask, massage therapist **can provide one**.
6. Client(s) can wear their chosen face mask not lower grade than 3-layer non-medical mask.
7. We suggest our client to limit the presence of family members in the preferred client treatment space.

Massage Therapist on site obligations to standard hygiene requirements after massage treatment.

1. Massage therapist will wear a face mask before, during and after massage treatment while at the client’s home (subject to change in the future).
2. Massage therapist may cancel a scheduled treatment if there is a condition that is a contraindication for massage.
3. Massage therapist will follow standard hygiene requirements before and after treatment: hand washing; table, face cradle or other massage equipment by sanitizing with disinfectant containing alcohol.
4. Massage therapist will safely dispose of personal protective equipment, - face mask, after leaving clients home.

From Head To Toes massage co. obligations.

1. If an appointment must be canceled due to massage contraindication(s) (examples: medical emergency, unexplained rash, broken bone, concussion, COVID-19, etc.), a full refund will be issued.
2. Contact **From Head To Toes massage co.** if you have any additional questions.

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